

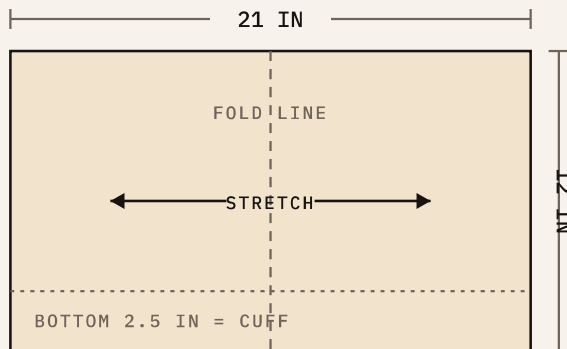
A ONE-PAGE PROJECT • ADULT SIZE • ~30 MINUTES

Sara's *Beanie* Guide

A regular rounded-crown beanie on a standard sewing machine. One rectangle, three seams, a folded cuff - no hemming, fleece doesn't fray.

01 • CUT

Cut one rectangle, 21 in wide by 12 in tall. The stretchiest direction must run along the 21 in side. Fits most adults; for a sure fit, measure around the head and cut 1 in less than that.



SEAM ALLOWANCE 1/2 IN THROUGHOUT

02 • SEW

- 1 Fold in half, short edges together, soft sides facing in. Sew down that edge with a 1/2 in seam. You now have a tube.
- 2 Still inside out, flatten the tube with the seam at center back and sew straight across the top edge.
- 3 Sew a 2 in diagonal across each top corner, then trim the corners off. This rounds the crown - skip it and you get a pointed hat.
- 4 Turn right side out and fold the bottom up 2.5 in for the cuff. Done.

try it on before the corner seams - easier to adjust while it's still a tube!

03 • MACHINE BASICS

Threading. Follow the numbered guides from spool to needle. Wind and drop in the bobbin, then pull its thread up through the plate.

Stitch. Narrow zigzag, about 2 wide and 3 long, so seams stretch without popping.

Guiding. Let the machine feed the fleece on its own. Steer with flat hands; pulling makes wavy seams.

Presser foot. Lower it before every seam - the machine can't grip fabric with it up.

Backstitch. A few reverse stitches at the start and end of every seam so it can't unravel.